

# Managed Long Term Services and Supports

**What** are Long Term Services and Supports (LTSS)?

**LTSS** help an individual accomplish activities of daily living. Examples of Illinois programs that provide LTSS include long term care facilities, the Home Services Program and the Community Care Program.

**What** are Managed Long Term Services and Supports (MLTSS)?

**MLTSS** is when a managed care organization coordinates those services and programs through a plan.

**Who** will this affect?

**People who have opted out of the Medicare Medicaid Alignment Initiative and who live in a nursing facility or receive home and community-based services through a Medicaid waiver program. They must also live in the greater Chicago area.** People in MMAI will not experience changes in their health care because LTSS are already managed by their MMAI plan.

## MLTSS Enrollment Timeline: What People Need to Do

People who have opted out of MMAI will start getting MLTSS enrollment **notices** in the mail after **June 1, 2016**.

### 60 days to select a plan after receiving notice

**People who Select a plan:**

**Enroll** in a plan of their choice.

**People who do not select a plan:**

**Auto-enrolled** based on previous insurance coverage & long term care providers.

### People cannot opt out of MLTSS

- There is a **90 day switch period to change MLTSS plans** after enrolling or being auto-enrolled. To change plans, call Illinois Client Enrollment Services at 1-877-912-8880. The call and the help are free.
- After the switch period ends, a person can still **enroll, opt-out, or change MMAI plans at any time**. If a person wishes to switch what plan manages long term services and supports *outside* of the MLTSS enrollment period, they can switch to an MMAI plan.